# **UNDERGROUND**

#### TATTOO & PIERCING CO

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For most piercings including navel, nipple and surface piercings, ears, facial and dermal piercings the best products to use is **Saline Solution/Rock salt & Boiled water.** These can be purchased from any pharmacy or chemist or supermarkets & convenience shops.

- -Ensure you have cleaned your hands using antibacterial soap before cleaning any piercing.
- -Use Solution directly onto a cotton bud and clean gently but throughly around the area of the piercing.

### With navel, nipple, surface and micro-dermal piercings

- -Avoid baths and stick to showers for the first couple of weeks, allowing the hot water to rinse carefully over the piercing
- -Wear loose clothing to avoid any irritation of the piercing
- -Avoid swimming and exercise for the first two weeks, clean piercing after either of these activities
- -If any products such as moisturiser, shower soaps&gels or fake tan are used, carefully avoid the area of the piercing and clean it straight after use
- -Dermal piercings must be covered by a plaster for at least two weeks, change this once/twice a day and clean the piercing each time

#### With all ear and facial piercings

- -Avoid using any products such as hair spray/hair dye/make-up/moisturiser directly onto any piercing, if you use anything, clean the area immediately with Saline solution
- -Do not touch or play with your piercing

#### With tongue, tongue web, smiley and lip piercings

- -The most essential product to use to clean these piercings is **Alcohol Free Listerine mouthwash**, rinse your mouth with this 2 to 3 times a day.
- -Avoid smoking as this will prolong the healing process of your piercing, if you smoke you must rinse your mouth every third cigarette.
- -Try to keep your tongue relaxed (for tongue&tongue web piercing) do not play with it in your mouth or stick it in and out to show people, as this will encourage swelling
- -Ibuprofen & Nurofen are advisable as they are anti-inflammatory and will help with pain and swelling
- -Try to eat as best as you can, you will find it uncomfortable but take eating slowly and carefully

Most piercings are pierced with a longer bar to allow for swelling, you will have been advised to come back after a certain amount of time to have a smaller bar fitted. This is recommended to help finish the healing of your piercing and is generally much more comfortable. Bar changes cost £5 and we will change them for you!

Remember that everybody heals differently and you must be consistent with your aftercare and patient through out the healing process.

If you have any questions please don't hesitate to contact us by email at <a href="mailto:undergroundtattoos@hotmail.co.uk">undergroundtattoos@hotmail.co.uk</a> or give us a call on 01923 288447.

For offers and promotions follow us on Twitter and Facebook or visit our website.

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<u>www.facebook.com/UndergroundTattoosWatford</u>

<u>www.Undergroundtattoos.co.uk</u>

## **OFFERS**

Keep an eye out for our 2 for £20 deals.

We always have a £10 piercing of the week that you guys get to vote on, check our social media feeds on Mondays.

Special on Gold Piercings where you buy the gold and get a free piercing.

Buy 5 get 1 free, you have to have uploaded each piercing on your social media as you had it.

VIP membership: Once you have had 25 piercings you will be given a VIP Card, the benefits are permanent 2 for £20, 50% off all upgrade jewellery, jump the queue and priority tattoo bookings.